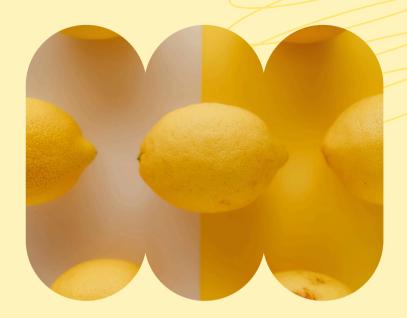
PROTECTING YOUR

Home Health



Cleaning should be about creating a safe, healthy environment for you and your family. However, traditional cleaning products contain chemicals that can compromise your health rather than protect it. Here's what to avoid when choosing cleaning products.

Oven Cleaner



WHAT'S IN IT Sodium hydroxide (lye) and butane

HEALTH RISKS Severe burns to skin and eyes, respiratory

irritation, and ingestion hazards

CLEAN OPTION Paste of baking soda + water Apply, let sit overnight, and scrub

Kitchen + Multipurpose Cleaner

WHAT'S IN IT Butyl cellosolve, ammonia, and alkylphenol ethoxylates

HEALTH RISKS Skin irritation, respiratory issues, and hormone disruption.

Prolonged exposure may harm the liver and kidneys.

CLEAN OPTION Seventh Generation Disinfecting Multi-Surface Cleaner





WHAT'S IN IT Chlorine bleach and hydrochloric acid

HEALTH RISKS Skin burns, lung irritation, and toxic fumes

when mixed with other cleaners

CLEAN OPTION Better Life Tub & Tile Cleaner +

Better Life Natural Toilet Bowl Cleaner

Glass Cleaner

WHAT'S IN IT Ammonia and alcohol

HEALTH RISKS Respiratory irritation, headaches, and eye irritation

CLEAN OPTION Public Goods Glass Cleaner or mix equal parts of

water + vinegar

Hoor cleaner



WHAT'S IN IT VOCs and phthalates

HEALTH RISKS Headaches, dizziness, hormone disruption, and

long-term liver/kidney damage.

CLEAN OPTION Mrs. Meyer's Clean Day Multi-Surface

Concentrate

Avoid vinegar on natural stone and hardwood, as it's acidic and may damage them.

Life is short...
make it sweet.



Common Tokins

PARABENS preservatives in cleaning sprays and air fresheners

Endocrine disruptors that may mimic estrogen, potentially linked to reproductive issues and certain cancers. Examples: methylparaben, ethylparaben, and propylparaben.

SULFATES found in many surface and floor cleaners, dish soaps, and laundry detergent

Can cause skin and eye irritation. Manufacturing contamination may introduce carcinogenic byproducts. Examples: Sodium lauryl sulfate (SLS), sodium laureth sulfate (SLES), or ammonium lauryl sulfate.

PHTHALATES prolongs the smell of scented products

Endocrine disruptors affecting hormones including testosterone, reproduction, and development. Also found in lotions, shampoos, and perfumes.

VOLATILE ORGANIC COMPOUNDS (VOC'S) caused by aerosols and air fresheners

VOCs release gases that can cause headaches, nausea, and dizziness. Prolonged exposure has been linked to liver and kidney damage and may worsen asthma symptoms.

PFAS (PER- AND POLYFLUOROALKYL SUBSTANCES) found in degreasers

Known as "forever chemicals" because they don't break down in the environment. Linked to cancer, liver damage, immune system harm, and developmental issues in children.

Accumulate in the body over time, leading to long-term health risks.

ACETALDEHYDE, ACETONE, ALKYL DIMETHYL BENZYL AMMONIUM CHLORIDE, AMMONIUM HYDROXIDE, AMMONIA SOLUTION, AMMONIUM SALT, AQUA AMMONIA, BENZALKONIUM CHLORIDE, BENZENE, BENZYL BUTYL PHTHALATE, BUTYL CELLOSOLVE (2-BUTOXYETHANOL), BUTYLPARABEN, DIETHYL PHTHALATE (DEP), DI-N-BUTYL PHTHALATE (DBP), DMDM HYDANTOIN, ETHYLENE GLYCOL, FORMALDEHYDE, DMDM HYDANTOIN, DIAZOLIDINYL UREA, GENX, HYDROCHLORIC ACID, HYPOCHLOROUS ACID, METHYLPARABEN, NONYLPHENOL ETHOXYLATES (NPES), PERCHLOROETHYLENE, PERFLUOROOCTANOIC ACID (PFOA), PERFLUOROOCTANE SULFONATE (PFOS), PETROLEUM DISTILLATES, PROPYLPARABEN, SODIUM HYPOCHLORITE (CHLORINE BLEACH), SODIUM LAURETH SULFATE (SLES), SODIUM LAURYL SULFATE (SLS), STYRENE, SYNTHETIC MUSK, TOLUENE, TRICLOSAN, XYLENE

1,000+

U.S product ingredients are banned in Europe



OUR PROMISE TO YOU







you'll be over the moon with our



we give back to the community

SATISFACTION GUARANTEE

Or re-cleans are free. We're human and sometimes things get missed. If that happens, just reach out within 24 hours and we'll come back to make things right.

- Award-winning
- Insured up to 1M
- Magazine featured



RESEARCH + TESTING

We've tried hundreds of products, including our own failed recipes, before landing on the best natural products on the market. Ours are effective yet gentle for families, pets, and homes. In fact, we're working with a chemist on branding our own line!

PH TRAINING

Cleaning gets a whole lot easier once you know the science behind it. We train our teams extensively to clean efficiently without ever damaging.

COMMERCIAL STEAMERS

230° water blasts through stubborn buildup without requiring any product at all. All initial cleans include complimentary steam cleaning and we'll return with them as needed.

WE'RE BIG ON TRANSPARENCY

We like working with our owners, keeping you in the loop, collaborating on problem areas, and always listening to your feedback.

FREE ONLINE ESTIMATE AT LEMONFRESH.US



